

(An extension of Surry County Office of Substance Abuse Recovery, focused on Substance Use Prevention)

All-Stars Meeting Report Held from 5:00 PM to 6:30 PM, January 10, 2023 Historic Courthouse, Dobson, NC

Mission: To reduce youth substance use by promoting awareness, enhancing understanding, and changing perceptions of substance use in Surry County through public advocacy.

Sector	Attendee for Meeting
Youth, under 18 years of age	Kelsie Reeves, East Surry High School
	Adriana Sinacore, Surry Central High School
Parent	Melissa Mundy
Business	Jennifer Sinacore, Coldwell Banker Advantage
Media	
School	
Youth Serving Organization	Tamera Veit, Paula Sheets, Surry Friends of Youth
Religious Organization	
Law Enforcement	
Civic/Volunteer Groups	Nicole Frost
Healthcare professional or organization,	Julie Cooke, High Country Health
individual or organization licensed to provide	
physical, mental or behavioral health	
services.	
State, local government agency	Charlotte Reeves, Steven Lawson, Jamie Edwards –
	Surry County Office of Substance Abuse Recovery
	Deborah Giep and Teresa O'Dell Ride the Road to
	Recovery
Other Organizations	Michelle Hopkins and Regina Propst, Insight Human
	Services
	Wendy Odum, Birches Foundation

Meeting Report

- I. Summary of Meeting
- II. Introduction with list of outcomes
- III. Participant demographics

- IV. Summary of findings with each outcome, including representative quotes, results of yes or no questions, and quantitative data
- V. Recommendations

I. Summary of Meeting:

The Surry County Substance Abuse Office held a community meeting on Tuesday, January 10, 2023, at 5 pm, involving various members of the community representing Surry County. Ms. Charlotte Reeves, Community Outreach Coordinator, led the meeting with 14 community members present.

II. Introduction

The Surry County Substance Abuse Recovery Office held a community meeting with fourteen community members on January 10, 2023. The meeting was conducted as part of the Substance Abuse Recovery Office's involvement in reducing the number of opiate and other drug related deaths and abuse in Surry County. The All-Stars have had previous discussions about the ways that Surry County Substance Abuse Recovery Office has set up a proposed "Continuum of Care", to explore ways to eliminate many impediments for those residents, seeking treatment and recovery. This meeting was held at the Historic Courthouse in Dobson, NC. The goal of this meeting is to promote discussion within our group that can extend to our community about the problem of substance use disorder and mental health issues.

III. Participant Demographics

Fourteen participants took part in the meeting:

- 14 females
- 2 males

IV. Participant Perspectives

- **Perspective 1:** Charlotte Reeves welcomed everyone. She announced that we will start learning how Implement some of the programs that we have been working so hard to plan.
- **Perspective 2:** Ms. Reeves introduced Ms. Deborah Giep, Ride the Road to Recovery's Transportation Coordinator, which is SCOSAR's transportation program. She stated that the total miles driven since the program began is 78,648. She also stated that they have had 1,735 total ride requests from community members and that in 2022 there were 2,434 total scheduled trips. Ms. Giep also described the benefit of working with the clients and how many

hours the drivers get to spend with people seeking recovery. She stressed the importance of making sure the clients felt that we cared about them and were cheering for them 100%. Therefore, she announced that we are starting to provide each client with a card and small gift for their birthday and any donations would be appreciated.

- **Perspective 3:** Ms. Reeves announced that we have a Recovery to Work Newsletter, which is posted on Facebook. Mrs. Emily Venable-Schiff is the Advisor for that program at Surry County Office of Substance Abuse Recovery (SCOSAR) and will be joining us at a future meeting to discuss her program.
- **Perspective 4:** Next, Ms. Reeves reviewed the 2023 Prevention Interventions chosen by SCOSAR. Jamie Edwards explained that Suicide Prevention, Lock Your Meds, and Youth Vaping (Talk. They Hear You.) along with the STOP Overdose Communication Campaign will be what the All-Stars will work on specifically.
- **Perspective 5:** Ms. Reeves announced and congratulated Ms. Paula Sheets for her new position with Surry Friends of Youth as the Youth Mentor Coordinator. She thanked Ms. Sheets for being the lead volunteer for the All-Stars and for all the hard work she has done in coordinating and helping prepare for community events.
- **Prevention 6:** Next we participated in the Take 5 to Save Lives online Suicide Prevention activity. We went through this and became familiar with the website. We also learned how to show it to other community members so that they will become familiar with the information. She reinforced the importance of this knowledge of what to do when you think someone may commit suicide. She stressed that it is important to get this information out to our community.
- **Prevention 7**: Ms. Reeves announced that SCOSAR is working hard on implementing a County wide communications campaign. This will involve billboards, radio advertisements WIFM and WSYD), Surry on the Go Advertisements, and printing mass quantities of material to get out to the community.
- **Prevention 8:** Ms. Reeves announced that she completed the Catch My Breath Community Trainer program and is hoping to train teachers so that they can give students vaping prevention education in our schools.
- **Prevention 9:** Lastly, Ms. Reeves opens the floor for general discussion regarding the All-Star Prevention Group. She also welcomes any opinions or concerns of the members.
- **Prevention 10:** Ms. Reeves thanked everyone for attending the meeting and participating in the discussion and prevention work in our community and ended the meeting.

V. Recommendations

The All-Star Prevention Group Members that were present all agreed that sharing ideas, monthly, is a

great educational opportunity. Once again, everyone agrees that the substance use problems continue to be a major issue for those who are suffering with the problem, their families, and our County. The meeting was adjourned and will meet again in the month of February. Everyone was informed to check their email for The All-Star Prevention Group correspondence. The members were briefed that there will also be an email sent out with the January Meeting Minutes. Thank you to all participants wh attended this meeting. It was a great success.

Charlotte Reeves also requested that everyone check out the Surry County Opioid Response Effort Facebook page and website at <u>surrycountycares.com</u>.

If you have any questions, or need additional information, please contact:

Charlotte Reeves at: reevesc@co.surry.nc.us